Estahappy Mariki Wenje has recently joined Kesho Leo’s management team as the Social Welfare Worker, armed with university health training and 8 years of experience working in social welfare. This is a wonderful milestone for fws as it is one step closer to building a sustainable living environment for the locals at Kesho Leo by employing and educating local staff to maintain the overall project. Esta explained she wanted to join foodwatershelter as it is an “organisation focused on supporting children and single mothers... these are the groups I am skilled with and strongly admire”. Esta will be working closely with the Social Welfare Manager to implement and develop family support programs to Kesho Leo residents, doing assessments for all mamas and their children and developing case plans and goals for each family. Community outreach will also be a key part of Esta’s role so we were stoked when she told us that one of her many strengths was “conflict resolution among children and youth” and “community mobilisation and participation”. We look forward to having Esta become part of the fws and Kesho Leo family.
Amazing Tanzanian adventure holiday opportunity

*fw*s has partnered with our friends at the Peaks Foundation (http://peaksfoundation.org/) to create a once-in-a-lifetime opportunity for 8-14 special people to have a fantastic 10-day adventure holiday this December climbing Mount Kilimanjaro while raising funds for Kesho Leo. What a holiday!

The itinerary includes a visit to Kesho Leo before the climb, 7 incredible days of hiking, and a celebration dinner in Arusha before heading home or onto your next African adventure.

This is how it works:
- You pay USD$2,785 to the Peaks Foundation for the Mount Kilimanjaro climb. This includes a $500 donation to Peaks Foundation to support their great grant schemes to empower women and girls around the world, plus all meals, a porter for your big backpack, hotel accommodation before and after the climb, tents set up before your arrival every day on the mountain, pre-adventure training support from the Peaks Foundation experts, a high quality jacket, and more. All dietary requirements are catered for. Wow!
- Before the climb, you raise an extra USD$1,500 (or more!) for *fw*s. We’ll support you by providing promo materials for you to print and share, making web-pages for you, and sharing some great ideas about how to raise funds (movie nights, trivia nights, lucky dips, fun-runs, benefit gigs, nice emails to family and friends…it’s all part of the fun!) Easy peasy!

This is your chance to climb one of the world’s most amazing mountains, guided and supported by the experts, while knowing that you are making a huge positive impact on the local community through your fundraising. Amazing! Getting excited? We are. For the Peaks Foundation, registration closes 6 weeks before the climb to allow adequate time for training. Once you've signed up and paid your deposit, your space is confirmed on the climb as long as there is a minimum of 8 climbers. You can do it!

*fw*s wants to see at least 8 people signed up ASAP so that they can give the trip a big green light for everyone involved and support our climbers as much as possible to raise funds for *fw*s. You’ll need USD$730 to cover your deposit and of course the sooner you sign up, the longer you have to raise the rest! Our goal is to find 8 people to sign up by 30th April. Could this be you?? If you want to be a part of this holiday with a difference or find out more information, you can visit the dedicated pages on the Peaks Foundation website: www.peaksfoundation.org/our_climbs/your_peak_your_week_challenge/groups/fws or email our friendly Communications Manager Kelsey Schwabe (nee Wilson!) for more info at Kesley.Schwabe@foodwatershelter.org.au.

Karina the Killi Klimber!

Thinking about climbing Kilimanjaro? *fw*s found all about the trek first hand from Karina Liew - an *fw*s friend who went over to Tanzania last year to visit Kesho Leo and also made the trek up Kili!

So Karina why did you decide to climb Kili?

Because I was going to Tanzania to visit one of the volunteers at Kesho Leo and thought it was an amazing opportunity to challenge myself and also see another part of Tanzania while I was there.

Favourite memory from the mountain?

It’s predictable but my favourite memory was watching the sun rise from the peak of Kili. We reached Uhuru Peak at 6 o’clock in the morning and it was still dark, the sun was just about to come over the horizon, we watched the sun rise and when we started descending it was a bright sunny day.

We know it’s a big mountain, but what was the biggest challenge?

Definitely the last climb to Uhuru Peak, it was dark, extremely cold and sometimes hard to put one foot in front of the other. It was a challenge to stay positive and keep going when your mind and body are telling you stop but that is the exact reason why it was incredibly satisfying and exciting when I beat the negativity and exhaustion and made it to the top.

Was it anything like your expectations?

I had done some research on what to expect regarding the weather, different routes up the mountain and the scenery of Kili but I was still blown away by the strange and beautiful environment I walked through, from lush rainforests at the bottom to alpine desert and glaciers at the top.

What would you recommend for people thinking about doing the climb?

Firstly, I would say to anybody thinking of doing the climb, ‘You must do it!’ Then I would recommend getting as fit, strong and healthy as you can so the climb isn’t as physically draining on our body. And most importantly... break in your hiking boots!

And what did you think about your visit to Kesho Leo?

Karina at the summit

Karina in Kili

Thinking about climbing Kilimanjaro?

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Thinking about climbing Kilimanjaro?
Move In Day

Earlier this month, John Laizer (Kesho Leo Farm Manager) and Paul Hasse (Kesho Leo Permaculture Volunteer) introduced 36 local chickens to Kesho Leo’s newly constructed chicken coop. This exciting project was set up as a small business initiative and is contributing to the long-term goal of Kesho Leo becoming economically self-sustainable. The new coop will provide fws employees and mamas with new skills in handling poultry; learn better practices such as vaccinating, mixing appropriate foods for chickens, management practices etc; and create revenue for Kesho Leo by producing eggs and breeding chickens to sell to the surrounding community. We look forward to expanding the number of chickens in the coop and seeing this business initiative succeed.

‘Jiskie nyumbani kuku’ - Feel at home chickens… And thanks to Paul Roseworn for donating another 10 chooks to the flock. Book-book!!!

Permaculture Development Course (PDC)

Experience Africa and the work of foodwatershelter through our Permaculture Design Certificate Course. Join USA based lecturer Steve Whitman and a team of local teachers in Arusha, Tanzania from the 4th to 15th June 2012 for this incredible opportunity. This course will give you internationally recognised certification, you’ll gain hands-on experience designing and working on the farms of Kesho Leo, have the opportunity to visit projects and other NGOs in the Arusha area, and meet a diverse group of the international community. Scholarships will be available to African students who will make up half the number but this also means we need full-fee paying non-Africans to make the course happen. Could this be you? Fees are only $1100 (early bird rates $950 if paid before 15 April).

Permaculture is a framework for working toward greater sustainability and self-reliance. It is these principles that underpin the Kesho Leo systems, not only working to provide for the needs of Kesho Leo residents, but also to provide community educational opportunities and create income. Through this PDC you’ll learn hands-on from our livestock, organic vegetable gardens and aquaculture ponds, food forests and poultry systems, compost toilets and rainwater systems; all while supporting the promotion of self reliance within Africa.

For more information please visit www.foodwatershelter.org.au/pdc and to secure a place, please contact pdc@foodwatershelter.org.au ASAP.

Would you like to sponsor a full or part scholarship place for an African student? Please contact pdc@foodwatershelter.org.au.

Community Compost Toilet Program

As mentioned in last month’s Gimme Shelter, fws has launched its Community Compost Toilet Program. During construction of Kesho Leo (2006-2008), the neighbouring Lutheran Church and many individuals from the community provided much assistance and advice. So, in working towards educating the community about appropriate technologies to meet sanitation needs and as a way to say ‘thank you’ for their support, The Lutheran Church compost toilets have now been built. Replicating the fws toilets, the design is a simple, practical and earth-friendly alternative to the standard water-wasting toilet. By converting ‘humanure’ into an odourless and usable soil fertilizer, the toilets save on money and resources, while reducing pollution and creating a valuable by-product.

The Lutheran Church toilets will soon make their debut at a church service and we’re looking forward to seeing what the community thinks! We also look forward to expanding the program to small scale residential systems in the local community.
And it went off with a bang! Friday the 2nd of March at the Fitzroy Bowls Club wasn’t just any old trivia night - it not only saw 3 rounds of gruelling questions but also a few extra special such as a ‘Happy Birthday’ singing contest (which just so happened to coincide with fws Vice President and Grants Manager Caz Nickson’s birthday), a paper plane building and flying competition and a “name that band” quiz. With 80+ people attending, there was tough competition but Team ‘Neighbours’ won the night by a margin of only 1 point, and were also very kind to donate an extra $90 towards the cause. There was an array of donated door and activity prizes, ranging from a milkshake maker, bar-mix and toasted sandwich machine, fws calendars and t-shirts, and the major prize being a $100 voucher donated by Little Creatures Dining Hall in Fitzroy.

The trivia night and accompanying sausage sizzle proved very successful, raising a total of $1,502.55 towards the ‘call out security fee’, an essential item from the Shopping List.

We’re very grateful to all who donated and came along to participate on the night, as well as everyone who worked behind the scenes. A special thanks to fws Shopping List Coordinator Lauren Bartle and fws Marketing Coordinator Jess Whiteman for organising the event, and of course previous Kesho Leo Manager Pete McTiernan for his MC extraordinaire skills on the night.

If there’s anything you’d love us to tell you about fws, please don’t hesitate to contact gimme shelter at gimme.shelter@foodwatershelter.org.au.

Subscribe
If you have friends who want to subscribe, point them to www.foodwatershelter.org.au/subscribe.aspx where they can easily sign up.

Unsubscribe
We’re sorry to hear that, but if you really don’t want to receive gimme shelter anymore, please go to www.foodwatershelter.org.au/unsubscribe.aspx and enter your email address.

Australia
- Kwaheri - Jo Ashley fws Gimme Shelter Design guru is taking leave from the communications team to start a family - much love and best wishes from us all Jo and thanks for your huge contribution - we’ll miss you!!

Kwaheri (goodbye)

Australia
- Welcome - Jackie Mohr to the communications team. Jackie takes on the role of gimme shelter graphic designer- thanks for this first edition!
- And let the drum roll continue as we add to the growing web-design team - Kate Burke: content editor, Laura McLeod content support and Yongsi Lin: web designer

Karibu (welcome)

Tanzania
- Welcome to Tanzania Shaun Coggins and Josh Anderson Kesho Leo finance team 2012!
- Welcome to Tanzania Jacinta Martin Kesho Leo Health Volunteer
- Welcome Geoff Gaskell Kesho Leo Project Advisor.

Australia
- Welcome - Jackie Mohr to the communications team. Jackie takes on the role of gimme shelter graphic designer- thanks for this first edition!
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contact us...

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If you have friends who want to subscribe, point them to www.foodwatershelter.org.au/subscribe.aspx where they can easily sign up.

Unsubscribe
We’re sorry to hear that, but if you really don’t want to receive gimme shelter anymore, please go to www.foodwatershelter.org.au/unsubscribe.aspx and enter your email address.
Kesho Leo Communications Manager (Tanzania) 2012

- **time:** Full-time position
- **term:** 6-12 month contracts, available now!
- **where:** Kesho Leo, accommodation provided
- **salary package:** Small stipend
- **perks:** Warm-fuzzies

As Kesho Leo Communications Manager, you'll be responsible for the flow of written and photographic information from the Kesho Krew to fws Australia, for fundraising and marketing purposes.

**Skills & experience:**
- Ability to take arresting digital photos
- Vibrant writing skills
- Superpowers when it comes to deadlines
- Good working knowledge of Adobe InDesign
- A team player

Is this you? Please email osvolunteers@foodwatershelter.org.au

Website Developer

- **time:** 4-6 hours per fortnight (on average)
- **term:** 6 months initially
- **where:** Work from your home
- **salary package:** Zilch
- **perks:** New fws website to brag about!

We need one more eager volunteer to work closely to re-develop our online presence with support from a working group including a graphic designer and content editor.

**Skills & experience:**
- Drupal developer with 3+ years PHP/MySQL development and
- Experience using open source CMSs and developing modules and theming for Drupal 6/7

Does this sound like you? Email volunteers@foodwatershelter.org.au

FUNdraising Officers

- **time:** Average 2-3 hours per week
- **term:** Negotiable
- **where:** Work from your home
- **salary package:** Zilch
- **perks:** Warm-fuzzies and fun

Fundraising officers work with fws to make fundraising activities happen across Australia. These may be specific projects or events, or ongoing fundraising efforts. You will join the fws fundraising team to be part of a coordinated effort to keep income flowing to fws and on to Kesho Leo.

**Skills & Experience:**
- Team player and good communicator
- Good time management skills
- Desire to have heaps of fun!

Sound fun and doable to you? Please send an email to volunteers@foodwatershelter.org.au

Grants Officers

- **time:** Full-time position
- **term:** 13 month contract, available now!
- **where:** Kesho Leo, accommodation provided
- **salary package:** Small stipend
- **perks:** Warm-fuzzies and the best PD you'll ever receive

In this dream teaching role you will be responsible for the management of all education programs. Working alongside Tanzanian staff, you will be responsible for the design, delivery and reporting of all educational services at Kesho Leo children’s village.

**Skills & Experience:**
- Teaching qualifications and experience
- Innovative with curriculum design and resources
- Excellent relational and community liaison skills
- Great communicator

For more email osvolunteers@foodwatershelter.org.au

For information about these and other current fws volunteer opportunities in Australia and Tanzania, visit www.foodwatershelter.org.au/volunteerwithus.aspx
Golder Trust For Orphans

Golder Associates Corporation is a global ground-engineering and environmental services group. As part of its commitment to sustainability, it formed Golder Trust for Orphans in 2003, which supports sustainable development projects with a focus on services for orphaned or displaced children and families in Africa. This makes it a perfect match with fws! In August 2009, Golder Trust generously contributed $26,800 that enabled fws to install a solar power system at Kesho Leo. Thank you!

Goldman Sachs JBWere Foundation

In June 2009, the Goldman Sachs JBWere Foundation awarded a grant of $19,329 to fws for the fit-out of Kesho Leo’s bathroom, laundry, kitchen and sewing room. This enabled fws to deliver rainwater to the kitchen and buy cookware, benches, cupboards and even four kitchen sinks! Other items covered included sewing machines to support a new small business, buckets, toilets, doors, a stepladder.

Aussies For Orphans

In 2007, Aussies For Orphans provided fws with grant funding to the tune of $36,000 to cover the costs of building accommodation for Kesho Leo’s families. And in late 2009, AFO contributed another $1045 towards medical equipment and supplies for the health clinic. Thank you AFO!!

Francis Kealy Fund

Read all about it! In 2010 the Francis Kealy Fund generously donated 9 years of funding to enable Kesho Leo to set up and run a library! The library is initially supporting Kesho Leo residents, students and workers and in time it will go mobile (yes, mobile!) into the

planet wheeler

The Planet Wheeler Foundation has been incredibly generous to fws, providing the set-up costs for the Kesho Leo permaculture systems and grounds through a $36,000 grant that paid for things like the biogas system, sheds, livestock and irrigation systems that now provide food for our mamas and kids, and organic produce now sold to bring direct income to Kesho Leo. In 2010 Planet Wheeler again shone with kindness by donating a further $20,000 to purchase a Land Rover 4WD for safely transporting the Kesho Leo residents. Planet Wheeler was also incredibly supportive in covering many of fws’s expenses relating to security upgrades in 2008, for which fws is deeply and eternally grateful.

Cotton On Foundation

The Cotton On Foundation has been donating to charities since 1991 and has now formed a relationship with fws. They have kindly contributed USD$7,490 to help fws expand the solar power system, USD$15,000 for a new generator and AUD$15,000

we’re after more friends…

Yep, there’s room for you. If you’re liking the sound of the work fws does and the innovative, professional and fun way in which we do it, and want to become part of it by becoming a